

# **Sports Nutrition**

Colostrum is the very first food produced by nursing mothers after giving birth. ColostrumOne™ is a potent source of this naturally-derived superfood, ethically sourced first day (bovine) colostrum from quality dairies. ColostrumOne is a comprehensive health solution comprised of a multitude of bioactive molecules that help to strengthen and sustain health and vitality at all stages of life. ColostrumOne undergoes stringent testing to ensure consistency of quality, safety, and efficacy. Abundant in immune and growth factors and other important bioactives, ColostrumOne helps the body to strengthen and repair key structures and functions, empowering people to be their most vital selves every day.

# Bovine colostrum contains several bioactives that help support sports nutrition



### **Immunoglobulins**

Helps boosts the immune system during athletic training <sup>1</sup>



### **Growth Factors**

Help reduce exerciseinduced muscle damage in athletes<sup>2</sup>



### **Growth Factors**

Support increased muscle mass<sup>3</sup>

### Claims Supported by Bovine Colostrum Clinical Research



- Helps improve recovery from exercise. 4
- During training, helps improve peak anaerobic power.⁵
- Supports increased muscle strength.<sup>6</sup>





### The Leader in Quality

APS La Belle controls every stage of colostrum production, from collection through processing in its owned facilities. Ethically sourced from Grade A dairies, ColostrumOne™ undergoes stringent testing to ensure consistency of quality, safety, and efficacy.





































### The Leader in Colostrum Products

#### ColostrumOne Whole - 45/15

- 45% Protein, 15% igG, ≥15% Fat
- Least processed
- Fat content helps protect bioactives from degradation in the stomach

#### ColostrumOne Skim - 60/20

- 60% Protein, 20% igG, ≤5% Fat
- High solubility and dispersibility
- Neutral Flavor

#### ColostrumOne Ultra Skim - 70/30

- 70% Protein, 30% igG, ≤5% Fat
- High solubility and dispersibility
- Neutral Flavor

## **Supported by Bovine Colostrum Clinical Research**













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